

# MSSIC Quarterly ERAS Meeting Minutes

**Instructions:** Complete and submit one MSSIC Quarterly ERAS Meeting Minutes form per quarter during the 2022 Performance Index period. NOTE: Each site is only *required to meet once per quarter*. If your site participates in multiple meetings, please submit the minutes, by date, on one form.

Submit to Kari Jarabek ([KJARABE1@hfhs.org](mailto:KJARABE1@hfhs.org)) and Allison Jauss ([AJAUSS1@hfhs.org](mailto:AJAUSS1@hfhs.org))

## **DUE DATES**

**Quarter One:** Meet once with ERAS team during October 1 – December 31, 2021. Submit form by January 5, 2022.

**Quarter Two:** Meet once with ERAS team during January 1 – March 31, 2022. Submit form by April 5, 2022.

**Quarter Three:** Meet once with ERAS team during April 1 – June 30, 2022. Submit form by July 5, 2022.

**Quarter Four:** Meet once with ERAS team during July 1 – September 30, 2022. Submit form by October 5, 2022.

**Hospital:** Sunny Day Hospital

**Date/Quarter:**

October 9<sup>th</sup>, 2021/Quarter 1

**Virtual/In-person/ Combination:**

Virtual Meeting Only via WebEx

**Attendees:**

MSSIC Abstractors – JoJo and Camilla  
 RN Spine Coordinator – B. Back  
 Surgeon Champion -Dr. Lumbar and Dr. Cervical  
 Neuro/Ortho Inpatient Manager – Ryan RyBACK RN  
 Outpatient Clinic Nurse – Todd RN  
 PACU Manager – Angela C. RN MSN  
 POHA Manager – Mary B. BSN RN

**Topic:** Mandatory Patient Education Pre-operatively

**Potential challenges:**

Taking attendance for pre-recorded classes. How do we track who watches the Spine video?

**Topic Summary/Next steps:**

Spine Coordinator to discuss options with IT for a potential patient login name/password.

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	Also considering virtual-live class instead. Benefit – interactive platform.
<b>Topic:</b> Carbohydrate-rich drink	
<b>Potential challenges:</b>	Anesthesia concerned about patient compliance with diet restrictions pre-operatively as well as insulin needs for diabetic patients
<b>Topic Summary/Next steps</b>	<p>ERAS: An Anesthesiologist Perspective Article provided to Anesthesia team. Anesthesia from site to attempt to attend November 2021 MSSIC Tri-Annual Meeting where this topic will be presented in detail.</p> <p>UofM 100% White Grape Juice, no sugar added Carbohydrate-rich drink protocol shared and reviewed. Team thinks this is a good alternative if clinical preparations become difficult to obtain.</p>
<b>Topic:</b> n/a	
<b>Potential challenges:</b>	n/a
<b>Topic Summary/Next steps</b>	n/a